

Micropigmentation (semi-permanent makeup) procedures are affected by the “canvas” (your skin) on which they are performed. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is always applied conservatively because every person’s skin is different and the final color can only be precisely determined and adjusted during a follow-up appointment after the initial application has fully healed. Because of this, **the micropigmentation process is not complete after the initial procedure.** In all cases, **a follow-up appointment is required** approximately 4-6 weeks after your initial application to fine tune and ensure the best result.

***Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact your doctor immediately.***

### **POST-PROCEDURE INFORMATION**

- Apply ice packs as necessary to prevent or reduce swelling.
- Beginning 48 hours after your procedure, gently apply a very thin coat of aftercare salve with a clean, sterile Q-tip to the area twice a day once a day.
- Maintain moisture on your eyeliner with the aftercare salve we provide. Reapply when skin feels dry or tight. Apply just enough product to moisten; if the salve is visible, there is no need to apply more. Too much product will also cause the scab to lift prematurely and affect the healing process.
- Do not wipe off aftercare salve from eyes. This can cause the scab to fall off prematurely. Let the salve absorb into the skin.
- Avoid facial cleansers or soap until all scabbing falls off. We recommend gently using microfibre clothes to remove makeup and cleanse face.
- Do not scratch, pick, peel, rub or pull on the skin or scabs.
- Do not wear makeup on your eyes until scabs have fallen off – usually up to 14 days.
- Avoid sweating such as from vigorous exercise for 24-hours post-procedure.
- Do not use peroxide or Neosporin on treated areas for at least one week post-procedure or until healing is complete.
- Do not expose area to direct sun or to tanning beds for at least one week post-procedure or until healing is complete.
- Sleep on your back! Rubbing your eyes on pillows may cause scabs to come off and produce patchy brow healing.
- Avoid Retin-A, glycolic acids, alpha hydroxyl creams, and exfoliants **at all times** (not just during healing) on all micropigmented areas. These can cause pigments to fade and lighten prematurely.
- Avoid tanning beds, sun, chlorine spas and pools until healed.
- Pigments will slowly fade over time according to one’s metabolism, skin type, sun exposure, medication, facial surgery, and smoking. Schedule maintenance visits as needed to keep it looking fresh.
- Periodic touch ups will ensure longer lasting results.
- Contact lenses should not be worn until the swelling subsides.
- Do not use any eyelash tinting or other coloration for at least two weeks after the procedure.
- Ice packs may be used to minimize swelling the day of and the day after the procedure.
- Use of mascara during the healing process:
  - Do not wear mascara for 3 days
  - Use ONLY new unopened mascara, in order to avoid contamination and infection.
  - Apply mascara only to the tips of the eyelashes; avoid contact with eyelid.
- Do not use eyelash curlers during the healing process.

**Eyeliner Micropigmentation Healing Schedule**

While every person is different and some heal more quickly or slowly than others, below is a general guideline provided by the American Academy of Micropigmentation. You should expect to lose approximately 1/3 of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.

*Note: Temporary side effects from micropigmentation include but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness.*

**DAY EFFECT**

<b>1</b>	The eyes will be swollen and sore, like you have been crying, with a heavier eye makeup look. For the first 3-4 days, the color is darker than it will appear when healed. Gently apply a very thin coat of aftercare ointment with a clean, sterile Q-tip to the area. Too much ointment makes the swollen area too wet. Use the ointment in the morning and evening. A third application is fine if needed, but don't over use. Clean the eyes in the evening with only clean water and soft cotton or tissue.
<b>2</b>	The eyelids are swollen for a few hours after waking up, still with heavier makeup look. When you wake up, refresh the treated area gently with cool water. Tissue dry and re-apply ointment. The eyes will be swollen and sore but will get better throughout the day. In the evening, gently cleanse with cool water, tissue dry, and re-apply ointment.
<b>3</b>	Swelling decreases but is not gone entirely. There is a tight feeling. The top layers of skin begin to lift away. The soreness will become less as the treated area begins to exfoliate. A rough texture appears on the skin. Use a small amount of ointment if needed.
<b>4</b>	There is a pinching feeling. Some itching is normal as the skin begins to flake. When the eyeliner area begins to exfoliate, <b>do not pick!</b> Discontinue ointment. It will flake off with the movement of the eye.
<b>5</b>	Color is somewhat grayish and will take a few more days to clarify to full color. The pigmented area begins to shrink and soften in size and color over the next few days. Exfoliation completes. The color will appear a bit "frosty," but will clarify in a few days.
<b>6</b>	The color has lightened from its initial overly-dark appearance. For the next few days, the color may now be lighter than what the final color will be.
<b>10</b>	The final color begins to stabilize and show through. The color will continue to soften as the healing process completes.

I UNDERSTAND AND ACCEPT THAT FAILURE TO FOLLOW THE POST-PROCEDURE INSTRUCTIONS ON REVERSE MAY RESULT IN A LOSS OR DISCOLORATION OF PIGMENT RESULTING IN A NEED FOR MORE FREQUENT TOUCHUPS.

Patient Name (Printed): \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Witness Name (Printed): \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_